

Gajog Taekwondo Schedule

MON "A" Day	TUE "B" Day	WED "A" Day	THUR "B" Day	FRI	SAT	SUN
1615-1700 Beg 1 Forms	1615-1700 Beg 2 Forms	1615-1700 Beg 1 Sparring	1615-1700 Beg2 Sparring	1615-1700 Make-up (Zoom)	0900-0945 TKD Fitness	
1715-1800 Beg 2 Forms	1715-1800 Adult Beg Forms	1715-1800 Beg 2 Sparring	1715-1800 Adults Beg Sparring	1715-1830 Black Belt Club		
1815-1900 Inter. Forms	1815-1900 TKD Fitness	1815-1900 Inter. Sparring	1815-1900 TKD Fitness	1845-1930 TNT Training		
1915-2000 Adults Forms	1915-2000 Beg 1 Forms	1915-2000 Adults Sparring	1915-2000 Beg 1 Sparring			

- Classes subject to change to allow more or less time for cleanings between classes.
- Black Belt Club (BBC) Will meet on the second friday of the month until further notice.
- If you have missed a class and are wanting to use the make up (Zoom) class on Friday, please reach out at least 24 hour before that class time so that we can provide you a link.
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